



CATALYST FOR RENEWAL



A joint venture of Aquinas Academy and Catalyst for Renewal

# 'Catalyst for Renewal' Reflection Morning

## Santa Maria Hall, Lawson 9:30am-12:30pm

**Parking at:** Lawson Catholic Church (Enter by Somers St)  
OR Kitchener St Lawson

Seeking renewal through conversation.

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*“Being Natured by Nature”*

September 17, 2022

presented by

**John Cox**

This presentation comes out of my own journey over many years. Like many, I experience nature as a source of renewal refreshment and wonder. In 2013 I came across the term **Nature Naturing**, created by writers in response to Colin Fletcher's book *“The Man Who Walked Through Time”*. His book recounts his pilgrimage as the first non-indigenous American Indian to walk through the Grand Canyon USA. This term has intrigued me and been helpful in my own spiritual journey with/in Nature.

**People attending the Reflection Morning are asked to bring at least one and not more than four photos preferably of pictures of nature/scenery that are important to them.**

### **John Cox**

John is a retired psychologist & Uniting Church minister living at Wentworth Falls; has worked as a marriage & family therapist & manager for 35 years, training many people at all levels of counselling. Having explored the way theology and psychology inform each other, narrative theology & family systems provided a framework and base for exploring the way we as storied people hold sacred stories deep within us. Exploring “Nature Naturing” is the present expression of this journey.

**Tea/Coffee provided. Entry by donation**  
*COVID-19 Safe Space. Booking NOT required*

For more information: reply to email: [thankyou4151@bigpond.com](mailto:thankyou4151@bigpond.com) OR  
**Len:** 0405 916 326;

**For railway travellers to Lawson:** Go east on the Great Western Highway.  
Turn right at Orient St., left into Mary St. Walk to the end. (15 min. walk)