



THE CATHOLIC PARISH OF THE UPPER BLUE MOUNTAINS

Acknowledges the Darug and Gundungurra people, the Traditional Custodians of the land on which our churches are built and we pay respect to elders past, present and emerging

CLERGY

Fr. John McSweeney PP VF
Fr. Peter Lamont (AP)
Fr. Jessie Balorio (AP)
Rev. Alan Skofic (Deacon)

SUNDAY MASSES

Sat: 5pm Leura
Sat: 5pm Lawson
Sat: 6pm Mt Victoria
Sun: 8am Wentworth Falls
Sun: 8.30am Lawson
Sun: 9.30am Blackheath
Sun: 10am Katoomba
Sun: 5pm Leura

WEEKDAY MASSES

Mon: 9am Katoomba
Tue: 9am Leura
Wed: 9am Blackheath
Thu: 9am Wentworth Falls
Fri: 9am Lawson
Fri: 12pm Katoomba
Fri: 4pm Megalong Valley
(3rd Fri of the month)
Sat: 9am Katoomba

CONFESSION

Fri: After 12pm Mass Katoomba
Sat: 9:30-9:50am Katoomba
Sat: 4:30-4:50pm Leura
NOTE: Confessions are always available upon request.

Weddings & Church Bookings

For Inquiries:
mmparishubm@gmail.com

Baptisms:

2nd Sunday @ Katoomba 11:00am
4th Sunday @ OLN Lawson 10:30am
Inquiries: 47822804
Email: bluemountains@parracatholic.org

ADORATION CHAPEL

St. Canice's, Katoomba
Mon 9.30am to Fri 6pm
closed at other times.

Christian Meditation

Tuesdays-10am
@Sacred Heart Blackheath



Please mute your mobile at Mass. Let's turn off the technology and turn on to

FROM THE SEVEN CHURCHES IN THE MIST

The Most Holy Body and Blood of Christ Year A. 7 June 2026

REFLECTION OF THE GOSPEL

Dear sisters and brothers in Christ,

Today we celebrate the great gift of the Eucharist which the Lord left us on the night before He died.

In giving the Eucharist to the community of His Disciples, the Church, Christ allowed us to share in His Divine Love and Life forever. He would abide in a physical way in the hearts and minds of all believers.

How privileged we are to be invited to touch the Divine Life and Intimacy of the Trinity!

Of course, this grace-filled privilege demands a response from us: having received the Lord in Holy Communion, we are nourished and strengthened to take the Lord and His Gospel message to others.

Indeed, when our Mass concludes we are told

to go forth and proclaim the Gospel to all:

'Ita, missa est' = 'Go, you are sent Forth'.

Let's always do our best to be faithful to this Call:

may the Eucharist we receive always prompt us to bring life and love to all whom we meet!

On this Sunday and next, let us keep in mind the younger members of our Parish who will be receiving the Eucharist for the first time!

God bless. Fr John

FROM THE PASTOR'S DESK

Our PARISH PATRON... the results are in!

Next week I will publish a full breakdown of the results of the ballot for the choosing of our Parish Patron, including numbers for each Church Community.

But for now — it is clear that St Mary of the Cross MacKillop is the first choice of our parishioners, with St Francis of Assisi a definite second.

First Preferences were: St Mary of the Cross - 110, St Francis of Assisi - 58, Catholic Parish of the Upper Blue Mountains - 55, All Saints - 35, St Bernard of Montjoux - 19.

When we add Second Preferences to these numbers, we have St Mary of Cross - 167, St Francis of Assisi - 114, CPUBM - 82, All Saints - 64, St Bernard of Montjoux - 48.

And so: I will present to Bishop Vincent (for his approval) that we are known from now on as...

The Catholic Parish of the Upper Blue Mountains under the Patronage of St Mary of the Cross MacKillop.

God Bless you all. Fr John

FOR BULLETIN NOTICES &
ENQUIRIES RE: SACRAMENTS
PLEASE EMAIL:
mmparishubm@gmail.com

Parish Churches

LAWSON: Our Lady of the Nativity, Somers St; **WENTWORTH FALLS:** St. Francis Xavier's, 3 Day St. **LEURA:** St. Bonaventure's, Railway Pde. **KATOOMBA:** St Canice's, 158 Katoomba St. **BLACKHEATH:** Sacred Heart, 165 Wentworth St. **MEGALONG VALLEY:** St Joseph's, Megalong Rd. **MOUNT VICTORIA:** St Paul, 65 Great Western Highway. * Pictures on this bulletin are taken from the website. Copyright infringement is unintended. Acknowledgment is due.

CONTACT US

Parish Office: 158 Katoomba St, Katoomba 2780.

Postal Address: PO Box 526, Katoomba NSW 2780.

Phone: (02) 4782 2804.

Office Hours: 10am-3pm Tuesday-Friday.

After Hours Emergency Number: 0490814284.

Calls only; no texts please.

Parish email address:

upperbluemountains@parracatholic.org

Parish websites:

bluemountainscatholic.org.au

sacredheartblackheath.org.au

lawsoncatholicchurch.org.au

Facebook: facebook.com/bluemountainscatholic

[bluemountainscatholic](https://facebook.com/bluemountainscatholic)

Lawson Facebook: facebook.com/olncclawson

Blackheath Facebook: facebook.com/profile.php?id=100076756208721

Parish YouTube:

youtube.com/@UpperBlueMountainsCatholic

SUNDAY MASS

Live streaming of the 10am Sunday Mass at St Canice's this week. The live feed will be via our parish YouTube page as per usual.

<https://www.youtube.com/channel/UCHtj55risvGDQqCDN7mldNQ>.

MINISTRY OF SPIRITUAL HEALING, DELIVERANCE AND EXORCISM

Email: deliverus.caseofficer@parracatholic.org;

deliverance.exorcist@parracatholic.org

Phone/ Call: 0472761879 or

Reached out to the Receptionist of Office of the Bishop or the Chancery.

PARISH SCHOOLS

St Canice's Catholic Primary School

Katoomba Street, Katoomba.

Principal: Ms. Miriam Meaney.

Phone: (02) 4780 6800.

Email: stcanices@parra.catholic.edu.au

Our Lady of the Nativity Catholic Primary School

Somers Street, Lawson.

Principal: Mr. Matthew Bond.

Phone: (02) 4753 2200.

Email: oln@parra.catholic.edu.au

HOSPITAL/HOME VISITS

If you or your loved ones are sick and would like a visit, please contact the parish office or Barbara Davidson (0417 490 103)

USUAL ROSARY AND OTHER DEVOTIONS

Sat and Sun: 4:20pm, Leura.

Mon 8.30am before Mass, Katoomba.

Tue: 8.30am before mass, Leura.

Wed: 8.30am before Mass, Blackheath

Thu: 8.30am before Mass, Wentworth Falls

Fri: 11:30am before Mass, Katoomba.

Fri: 5.00pm Divine Mercy Hour, Leura.

First Fri: 7.00pm Benediction Lawson

Sat: 8:30am before Mass and Cenacle Rosary after, Katoomba.

Notice for Parish Bulletin . If you wish to receive electronically or via email our parish bulletin, please email us on bluemountains@parracatholic.org. If you also want to include any items for the weeks' parish bulletin, email us on mmparishubm@gmail.com or before Wednesday afternoon.

RCIA For all enquiries regarding joining or coming back to the Church please contact Deacon Alan via the Parish office.

Parish Finance Council Members

Fr John

John Tweedie (Chair)

Maylin Corros

Fr Peter

Elaine Smith (Deputy Chair)

Marilyn Rowe

Fr Jessie

John Grant

Dec Alan

Tom Boyd

--- FINANCE NEWS ---

Our Lady of the Nativity Lawson Meeting Room Rebuild

Restoring the meeting room is seen a priority issue.

We are calling on parishioners to assist in raising funds for this project. We need to raise \$20,000.

Donation Rebuild Meeting Room

Account name: Lawson Our Lady of the Nativity

BSB: 067-950

Account Number: 00000164

Reference: Donation Rebuild Meeting Room

- Fr John McSweeney and John Tweedie, Chair of the Finance Com

“Work commenced 18th of May 2026”



PARISH NEWS

THE LEGION OF MARY The Church's largest lay apostolate. We meet every FRIDAY at 6:15 pm in the old adoration chapel at Katoomba. You are most welcome to attend and see what the Legion is all about.



REDISCOVERING THE VALUE OF FAITH. The next session will be on Sunday the 14th June, 11:00am @ St Canice's Hall, Katoomba, Topics will be- The Holy Spirit & the Church.

Bishop's Good Works Appeal

Reminder (23-24 May, 30-31 May & 6-7 June) Weekends

Thank you for your generous support of the Bishop's Good Works Appeal. This Appeal supports Holy Spirit Seminary at Harris Park, helping form the future priests our Diocese will need in the years ahead.



Your kindness provides the education, spiritual formation, pastoral training and safe accommodation our seminarians need as they continue answering God's call. With your support, they are being formed to one day serve our parishes with faith, compassion and hope.

Through this Appeal, our Diocese also supports vital ministries including Catholic Care, the Ephpheta Centre and the Confraternity of Christian Doctrine, bringing care, hope, guidance and belonging across Western Sydney and the Blue Mountains. Please give generously at parracatholic.org/appeal or scan the QR code. Thank you.

PERPETUAL ADORATION CHAPEL. If you would like a rostered holy hour each week or to be on the temporary fill in list, please contact Conor on 0451461697 to register your details or scan the QR code. Hours currently available: Tuesday 1-2pm, 5-6pm; Wednesday Noon-1pm; Thursday 11am-Noon; Friday 9-10am, 4-5pm



First Communion Preparation

The preparations continues with the Family sessions 3 and 4 held at both Katoomba and Lawson. The highlight of session 3 was a re-enactment of the **Last Supper** followed by a discussion about the presence of Jesus at the Last Supper and the presence of Jesus today within the celebration of the Eucharist. In session 4, the children mimed the parable of the **Good Samaritan** and then through discussion we connected the last part of the Mass when we are exhorted to "Go and and Serve the Lord" to Jesus' teaching about care for others, even those outside our local communities.

The First Communions will be held over the next two Sundays at Katoomba and then Lawson. Please pray for these families as they continue at home to prepare for this Sacrament of Initiation.

Please pray for the children making their first Holy Communion.

1st communion Mass:

7th June 10am Katoomba

14th June 10.30am Lawson



MASS OFFERING INTENTIONS



Recently Deceased: Salwa Jabbour, Marie Perrott, Kay Cheevers, Jeannette Rosemary Grimson, John Martin, Veneranda Mifsud, Kevin Gordon, Maria Christina Vera de Penna, Rebecca Etccl, Stephen Mount, Fr David Taylor, Genieve Ticehurst

Death Anniversary: Bernard Glasheen, Hazel Glasheen, Tochillo (Scott) Brown (27.04.2021), members of Kozlowski, La Roche, Brown, Foley, Roome Families, David Powell, Jan, Miecica & Zyguich Slawek, Patricia Ducrest, John Mifsud, Moran William Halliday, Paul Nyssen, Bridget Collits, Stephanie Jean Murphy, Dulcie Elizabeth Nyssen, Lenna & Elizabeth, Barbara Connolly, Max Dodd and all forgotten souls in purgatory.

Pray for the Sick and their Carers: John Barclay, Mildred Taft, Charlie Congreve, Malik, Maureen O'Reilly, George and Laura Boffa, Sarah-Jane Hallett, Les Hayward, Chloe Newton, Kelly Gale, Nathan, Susan Sergent, Sandy Mobray, Joella, Doreen Kinsella & George Commens, Bern McPhee, Maria Cora, Josephine Burdett, Beverly Bateup, Anne Farindon, John Crowley, Maria Johnson, Trennah Portelli, Kevin Medlin, Lan Franco Matteucci. Anthony Griffin, Daniel Smith, Sienna Erdmanis, Mary Whyte, Shirley Bennet, and All Private Intentions.

NB: Due to the strict privacy laws, names of the sick can only be included in the Bulletin with the permission of the immediate family. Thank you.

Christian Contemplation

Meditation is a universal spiritual wisdom and practice found at the core of all great religious traditions. It leads you from the mind to the heart.

Meditation is part of our Christian heritage rooted in the 4th century practices of the Desert Fathers and Mothers.

Every Tuesday 10am-10:45am in the Sacred Heart Church, Blackheath

WORLD ENVIRONMENT DAY Friday June 5

“Inspired by Nature. For Climate. For Our Future”

World Environment Day is the United Nations’ most important day for encouraging world-wide awareness and action for the protection of our environment. Visit Caritas Australia and read how parishes across our country are protecting our environment through the Catholic

Earth care program. <https://www.caritas.org.au/catholic-earthcare>

Social Bible Study Group starting - interested?

If you would like to read & discuss the Bible in greater depth, please contact me

email: emgwynnejones@gmail.com or

message 0458505703 with your name, preferred contact details and why you are interested.



Hope to hear from you! - Emma Wynne-Jones

SAINTS THIS WEEK

Tue 9 Saint Ephraem, Deacon, Doctor

Thu 11 Saint Barnabas, Apostle Fri 12 The Most Sacred Heart of Jesus

Sat 13 Saint Antony of Padua, Priest, Doctor or The Immaculate Heart of Mary

NEXT WEEK: 11th Sunday in Ordinary Time

FUNDRAISING EVENT FOR THE RESTORATION OF THE LAWSON MEETING ROOM.

Please note that there will be ART, PLANT & CAKE SALE on Sunday 21 June 2026 11am—3 pm at St Canice’s hall Katoomba.

All are welcomed



Feasting Fasting and the Mystics

Payment of \$15 for this event is needed to secure your booking to attend this event. This payment can be made directly to Julie O’Keefe or Brian Bright at Blackheath Parish. You can also drop this into the Parish office, 158 Katoomba St, Katoomba.

FEASTING, FASTING & THE MYSTICS | The Catholic Parish of the Upper Blue Mountains



A feather on the breath of God

Mystics experience a deep personal engagement with the Divine and after such engagement, their lives are turned totally toward God. They focus on stillness, and a deep awareness of God’s love and presence.

Join us for a morning of transformative faith, inspired by attributes of each mystic and their relational experience of being with God. The insights of each of these mystics is like light refracted through a prism – there is only one light source.



BOOKING IS ESSENTIAL

Phone: Brian Bright - 0401 768 688 Julie O’Keefe - 0413 119 649
Email - bbright45@bigpond.com julesongodson@bigpond.com

Our new Parish Pastoral Council Members

Fr John McSweeney– Parish priest

The Clergy (Ex-officio Fr Jessie, Fr Peter Deacon Alan)
John Tweedie (PFC)

Russell Smith (Leura) CHAIR

Pamela Nash (Blackheath) DEPUTY CHAIR

Maria Kells (Mt Victoria)

Julie O’Keefe (Blackheath)

Theresa Moore (Katoomba)

Matthew Brawn (Katoomba)

Maria Eades (Leura)

John Brell (Wentworth Falls)

Paul Gannon (Lawson)

Maria Dodd (Lawson)

Thanks to all these generous members of our new parish for your generosity in serving our church communities.

Fr John



St Vincent de Paul Society
good works

Winter Appeal

A Reminder of our Winter Appeal at all Masses in all our churches on the weekend of June 13 -14. At Lawson also June 20 - 21.

"The focus of this Appeal is homelessness. Even in our cold Blue Mountains climate, there are many who are homeless. We are again seeking your generosity to help these people, and others in need.



In Katoomba, Leura and Wentworth Falls churches, food items, cash or tap-and-go donations will be gratefully accepted.

For Lawson, Blackheath and Mt Victoria parishioners, cash or tap and go facilities will be gratefully accepted. Donation envelopes will again be available on the pews.

At this time of year food items such as tinned soups, coffee, breakfast cereals, rice, biscuits - sweet & savoury, long life milk, baked beans and pasta sauce are in particular demand.

We also ask your assistance in that food donations not be **near or past** 'use by' or 'best before' dates. We are unable to pass on such items to our clients, and are forced to dispose of them!

Another way of supporting us is by becoming a member. We are always in need of members.

DO SOMETHING PRACTICAL, VOLUNTEER WITH VINNIES!

St. Vincent de Paul Society , Upper Mountains Conferences.

SACRED HEART FEAST DAY – CELEBRATION LUNCH

Where: Blackheath Golf Club

When: Sunday 14th June at 12pm

Cost: \$35 pp – Two course lunch

Bar facilities available if required

ALL WELCOME

Bookings:

marilynrowe@optusnet.com.au or

Tickets available after Mass each

Sunday.



CORPUS CHRISTI FEAST

Please note that there will be a Holy hour after the Sunday Mass from 11 am—12 noon at Blackheath church.

Our Commitment to Safeguarding at The Catholic Parish of the Upper Blue Mountains

We are dedicated to creating a safe and nurturing environment for all members of our community, especially children and vulnerable adults, in line with the "Parramatta Way."

The Parramatta Way of Safeguarding is to... Act with justice, and state that we have a zero tolerance for any form of abuse or harm to children or any person; Act with justice, and ensure that laws and obligations are upheld, and safety is paramount.



CHURCH COMMUNITY NEWS



SACRED HEART CHURCH COMMUNITY BLACKHEATH

"Yanama Budyari Gumada– Walk with Good Spirit"

DONATIONS

Until our parish finances are unified, please continue to follow the link below and make your choice of option. You will be asked to show your name and mobile phone number:

<https://www.bpoint.com.au/pay>

[CATHOLICPARISHOFSACREDHEARTBLACKHEATH](https://www.bpoint.com.au/pay)

As an alternative to following the link, please use the attach QR Code.



Blackheath Vinnies Support phone number:

0490 709 547

Sacred Heart Care Group Helping parishioners in need:
Monica Bright 0420 937 690

WEDNESDAY CUPPA'S TOGETHER IN SACRED HEART HALL! Cuppas

" has resumed on Wednesdays. Come for coffee, home made cakes and a catchup with other locals. All members of the community are welcome to come along. Time: 9:30am - 12:00pm each Wednesday. Location: Sacred Heart Church Hall - Wentworth St, Blackheath.



First Communion

The following young members of our Blackheath community have been preparing to receive communion for their first time. Please keep them in your prayers:

Blackheath: Logan Clemmett, Ethan Gadd , Max Kelly

Mt Vic Isaac Greening , Ewan Setter

Hartley : Sophia Rezzonico

The Sacred Heart Church Community Pastoral Team. Your team members are **Frances Huckstep, Julie O'Keeffe, Marilyn Jones, Pamela Nash, Jennifer Harvey** and **Paul Harris**. Please see any of these people if you would like a matter raised.

125 Year Anniversary

Sacred Heart Church Blackheath will reach its 125 year anniversary in 2027. This will be a special year and we look forward to celebrating this milestone together. It's not too early to start planning for some special events for 2027. Parishioners, who would like to join a working group to coordinate anniversary activities for 2027, are invited to contact a member of the Blackheath Church Community Pastoral Team.



OUR LADY OF THE NATIVITY CHURCH LAWSON

DONATIONS: Until our parish finances are unified, please continue to follow. Donations can be made to Our Lady of Nativity via direct deposit to the bank account below.

Account name: Lawson Our Lady of the Nativity
BSB: 067-950 Account Number: 00000164

Artwork Event

We are continuing to receive paintings or prints (thankyou) of which will be sold in an art sale to raise funds towards the building of our Meeting room. If you have any artwork that you wish to still donate please see Kate or Jenny in the foyer of each mass over the next three weekends or call Kate on 0420 545 275 or Jenny 0428 057 753. If anyone has any art easels that we can borrow for this event please let us know, thankyou Jenny

FUNDRAISING EVENT FOR THE RESTORATION OF THE LAWSON MEETING ROOM

**ART, PLANT & CAKE SALE. SUNDAY 21ST JUNE
2026 11AM – 3PM.**



**ST. CANICE'S
HALL
KATOOMBA.
EVERYONE**



Citrus Fruit Donations

Anyone with citrus fruit trees that are bearing surplus fruits and would like to donate to our church community fundraising events would be most welcomed. Would you kindly bring any donations to Saturday or Sunday masses over the next 3 - 4 weekends. Kate Powell or Jenny will be in the foyer after each mass to gratefully accept your offerings. Any enquiries please call Kate 0420 545 275 or Jenny 0428 057 753.



ST. FRANCIS XAVIER'S CHURCH WENTWORTH FALLS

DONATIONS: Until our parish finances are unified, please continue to follow the link from St Canice's Katoomba. Please follow this link.

[https://www.bpoint.com.au/pay/
MaryMackillopParishUpperBlueMountains](https://www.bpoint.com.au/pay/MaryMackillopParishUpperBlueMountains)

MUSIC MINISTRY OPPORTUNITY @ ST FRANCIS XAVIER CHURCH Inviting those music enthusiasts and musically incline to form a choir for St Francis Xavier Church Community Mass every Sunday at 8:30 am. Please call the office or let the sacristan know. Practice will be announced as soon as we have you.



ST. BONAVENTURE'S CHURCH LEURA

DONATIONS: Until our parish finances are unified, please continue to follow the link from St Canice's Katoomba. Please follow this link.

[https://www.bpoint.com.au/pay/
MaryMackillopParishUpperBlueMountains](https://www.bpoint.com.au/pay/MaryMackillopParishUpperBlueMountains)



ST. JOSEPH CHURCH MEGALONG VALLEY

Our next mass at the Valley will be on Friday 19th of June at 4:00 pm. Address: 1270 Megalong Rd, Megalong Valley NSW 2785



ST. PAUL CHURCH MT VICTORIA

Vigil Masses for Sunday occurs every Saturdays at 6:00 pm. Address– 65 Great Western Highway, Mount Victoria NSW 2786.yyy

Please not: time will change to 5.00pm from June, July and August

The Catholic Parish of the Upper Blue Mountains is a CHILD SAFE ZONE

The Care and Protection of Children is everyone's responsibility. Help us to care and protect your children by always knowing what your child is doing, where he/she is and who he/she is with. Parents / Guardians Always Keep and Eye on your Children.



abaxkf.com.au 1300 300 369

PO Box 7250 1 Cowpasture PI, Wetherill Park NSW 2164





ST. CANICE'S CHURCH
KATOOMBA

PARISH B. POINT: We have introduced a new and easy way of contribution for both 1st and 2nd collections. When choosing 2nd collection please note name and envelop No. Please follow this link.

<https://www.bpoint.com.au/pay/MaryMackillopParishUpperBlueMountains>

Our parish finances need a consistent income. If you could consider using Direct/credit card Debit, we would be grateful. There is also the opportunity to use Bpoint.

FINANCES: If you would like to contribute to the 2nd Collection for the parish: **Bank Transfer: BSB 067 950 Account 000 00594 Name: Mary MacKillop Parish Reference:**

Surname and envelope number or Parish Donation (with or without surname if preferred).

If parishioners would like to contribute to the **First Collection for the clergy of the diocese: BSB 067 950 Account No 00004265 Account Name Diocesan Clergy Reference either the Parish Name or the parish code 6038**

DIOCESE NEWS & BEYOND

THE MESSENGER

Inspired by St Gabriel's mission, this weekly update brings news from across the Diocese of Parramatta for clergy, parishes and agencies.

DEANERY CLUSTER MEETING for the MOUNTAINS AND NEPEAN. We will be holding the Deanery Cluster Meetings for the Parish Admin Staff on 24th June 2026 @ Edmund Rice Centre Mulgoa.

Diocese of Parramatta@40 years. A special Mass of Thanksgiving and celebration of 40 years of our Diocese will take place on the Solemnity of the Holy Trinity, Sunday 31st of May at St Patrick's Cathedral, 2:00 pm.

Congratulations on celebrating the 40th anniversary of the Diocese of Parramatta!

Thanks to all who attended and coordinated the special Mass and celebrations on Sunday. It was a joyful and inspiring occasion of thanksgiving, and a wonderful way to celebrate and witness the faith, service, and sense of community that have shaped our Diocese over the past four decades .

Here is a special [video to mark our 40-year anniversary](#).

Please read the story in [Catholic Outlook](#)

And all the images from Sunday [are found here](#).

The livestream of [the Mass is found here](#)

Journeys of St Paul & the Cities of the Book of Revelation



An update on the Journey of St Paul & the Cities of the Book of Revelation pilgrimage. Due to the situation in the Middle East this pilgrimage has been postponed until 7 April next year. For those who have already paid for this or for more information please contact Harvest Journeys on harvestjourneys.com/pv2601 Free-Call: 1800 819 156 or info@harvestjourneys.com

Eucharist28 Update – Renewal has begun! The great gift of the Eucharist is that it is not merely a story remembered over a few sacred days. At every Mass, we encounter the reality itself: we offer ourselves to God alongside Christ, truly present in our midst. For more information and regular updates, please register on the website: eucharist28.org



“We are an Easter people and alleluia is our song!”

St Augustine, Sermon 243

Ministry of Care courses: 3-24 June. Those who visit the sick and are involved in the Ministry of Communion to the Sick and Dying in Hospitals, Aged Care Facilities and in Homes are invited to attend this course on the Ministry of Care. The course will take place every Wednesday in June at 7pm at the Bishop Bede Heather Centre, Blacktown. Please register via parracatholic.org/ministry-of-care-courses to reserve your spot. **For enquiries, please contact ofw@parracatholic.org or 0460 037 795.**

LIFE RALLY Sydney

6-7PM | TUESDAY 2 JUNE 2026
NEW PARLIAMENT HOUSE
MACQUARIE ST SYDNEY

THE MOST HOLY BODY AND BLOOD OF CHRIST

ENTRANCE ANTIPHON

He fed them with the finest wheat
and satisfied them with honey from the rock.

FIRST READING (Deuteronomy 8:2-3, 14-16)

Moses said to the people: 'Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and know your inmost heart – whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your ancestors had known, to make you understand that one does not live on bread alone but that one lives on everything that comes from the mouth of the Lord.

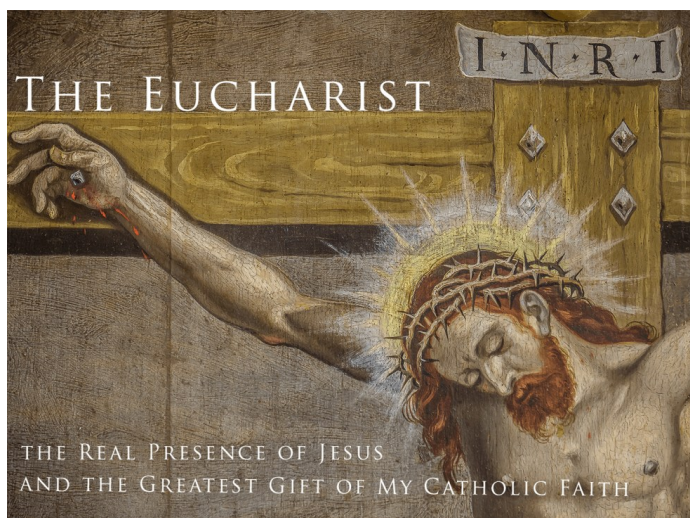
'Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your ancestors had not known.'

RESPONSORIAL PSALM

Praise the Lord, Jerusalem.

SECOND READING (1 Corinthians 10:16-17)

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.



GOSPEL ACCLAMATION

Alleluia, alleluia! I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever. Alleluia!

GOSPEL (John 6:51-58)

Jesus said to the Jews: 'I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said. Jesus replied: 'I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you.

Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise them up on the last day. For my flesh is real food and my blood is real drink.

Whoever eats my flesh and drinks my blood lives in me and I live in them. As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me.

This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.'

COMMUNION ANTIPHON

Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

